

Learn to Play Hockey

Progression Chart

Snowplow Sam 1 (Ages 3-6)
(Beginner Tots)

Snowplow Sam 2 (Ages 3-6)
(Intermediate Tots)

Snowplow Sam 3 (ages 3-6)
(Advanced Tots)

Hockey 1 (Ages 7-16)
(Beginner Hockey)

Hockey 2
(Advanced Beginner Hockey)

Hockey 3
(Intermediate Hockey)

Hockey 4
(Advanced Hockey)

Stick & Helmet

Now you are ready to play with the KC Stars!

www.kcstarshockey.com

Skaters who are looking to get through this progression quicker can take two classes per week. Supplemental private lessons are also offered for skaters who would like to advance quicker or for skaters who may need booster lessons.

While enrolled in Stick & Helmet, skaters can also participate in our Hockey Skills Academy to work on shooting, passing, and goaltending skills.